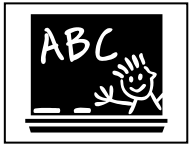


Thomas Russell Junior School

'Pupil's welfare and well-being are at the heart of the school's work' Ofsted March 2018.



Newsletter



Issue No. 6

Headteacher: Mrs S Sharpe

12th October 2018

Parent Forum

For many years now at Thomas Russell Junior, we have run a very effective and productive Parent Forum. We would now like to extend a warm invite to parents to form the new Parent Forum for this academic year; whether you are new to the school, a previous volunteer or just have some great suggestions that you think could help us to get even better.

The remit of the Parent Forum is to focus on whole school improvement and wider issues. It is an opportunity to gauge parental opinion on a range of aspects of school and to take feedback from both members and the wider parent body.

You can keep up to date with current topics and progress of the Parent Forum, via our noticeboard in the entrance hall and the Parent Forum section of the website. If you have an individual or personal issue / comment, we would still encourage you to come directly to us, either through your child's class teacher or to myself, in order that we may be able to discuss and address this as quickly as possible.

We are asking parents to e-mail an 'Expression of Interest' to '[questions@](mailto:questions@trj.sch.uk)' if they would be interested in forming part of the Parent Forum. We hope to get at least two representatives from each class, to give a forum of sixteen parents plus governor and staff representation. We intend that the Parent Forum will meet 3 times during the year, once per term. These meetings will be during the school day, starting at 9:00am and lasting approximately 60 minutes. The dates have been set as Wednesday 21st November, Wednesday 27th February and Wednesday 12th June.

We would also welcome your input if you have an item that you would like discussed at the Parent Forum, but do not wish to be a representative. We already have a couple of topics for discussion that have been raised, but the more the merrier!

The deadline for expressing an interest is Monday 12th November. Names of those parents attending the Parent Forum will go on the weekly Newsletter on Friday 17th November.

We really hope you will consider joining the Parent Forum and can assure you of a warm reception.



Congratulations to Morgan and Brodie who completed the JDRF One Walk despite the weather.

They have already beaten their target of £150 and raised £200 but if you meant to sponsor them and didn't get round to it – you can still do so via: www.justgiving.com/fundraising/michelle-horler4 or search under Morgan Horler JDRF page.

Extra-curricular Clubs

Good luck to our Golfers who have finished their club at school for the half term, but are off to Morley Hayes on Sunday to experience a real driving range and professional golf course – hopefully the weather will be kind to you.

Gardening Club has also finished for this year – thank you to Mrs Pick for her time. Look out for the pumpkins the children grew if you come to our Harvest Festival!

Next week in school we have the last Yoga 1, last Netball and Choir.

There are no clubs in the final week of half term due to consultations and INSET day.

Headlice

We have a couple of reported cases of headlice in school. Please could we ask parents to check their children's hair tonight and regularly over the next few weeks until we are sure that the lice have been eradicated.

For more information on how to identify and remove lice please visit:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

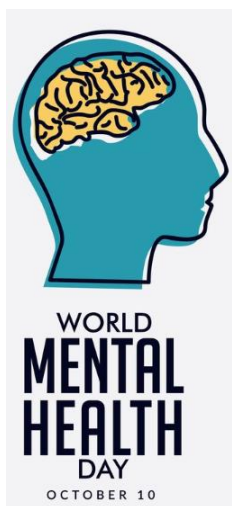
Please could we also remind parents that children are expected to have all of their hair tied up whilst at school if it is long enough to do so. The half up half down style is only for those children whose hair is not yet long enough to tie all up.

Christmas Cards

Please keep an eye out next week for the sample Christmas card which your child has designed. If you would like to place orders for any cards, tags, mug, tea-towel or bag for life then you will find instructions on how to do so with the sample. Please ensure all payments are made via Parent Pay. We will use funds raised from sales to contribute towards the children's Christmas outing this year ☺

Deadline for orders will be Monday 22nd October so you don't have long.

October 10th was World Mental Health Day



We talked about this in assembly on Wednesday to help the children understand the meaning of 'mental health'.

As a nation, we talk very freely about how to keep a healthy body; eating well and getting enough exercise. We also talk openly about aches and pains, coughs and colds.

Unfortunately once the subject of mental health is raised, for some it still raises negative connotations.

Now is the time to start talking more willingly about mental health. To openly acknowledge there are times where everyone might feel happy, but also that feelings of anxiety or unhappiness are natural feelings, which can be much better managed once they are acknowledged.

We know we can make our body feel physically healthier by going for a bike ride or a run, eating healthily and cutting down on alcohol. There are lots of really positive ways to keep our mind healthy – taking a break from electronics, a cup of tea with a friend, a peaceful walk in the fresh air or even taking quiet time to just sit and colour.

Let's keep talking about mental health.

Best wishes, Mrs Sharpe

Community News:

Messy Church is Sunday 14th October at 4pm to 5.30. Takes place at the Methodist Church on Crowberry Lane. This month's theme is MESSY WEDDINGS. A fun family event with art and crafts followed by praise and worship. Tea/coffee, cake and sandwiches available afterward to share.