

FRIENDS of TRJS AQUATHLON

Tuesday 20th June 2017

The Aquathlon will commence at approximately 5.00pm. The briefing will take place in the afternoon during school time. There is a choice of distances.

SPRINT:

Leg 1 – Swimming – 10 lengths of the school pool - 150metres
(For Sprint only this can be shared between two members if preferred) Please indicate this on your entry form.

Leg 2 – Running – From completion of the swim within the school grounds around the field to the finish line of the track – 600metres

OLYMPIC:

Leg 1 – Swimming – 20 lengths of the school pool - 300metres

Leg 2 – Running – From completion of the swim within the school grounds around the field to the finish line of the track – 1000metres

Entry is open to individuals or teams - **cost £5.00. Please pay via Parent Pay**

Entries close Monday 12th June or at 50 teams. No entries on the day.

AQUATHLON ENTRY FORM

TEAM NAME **OR** INDIVIDUAL NAME: (delete as appropriate)

Please tick the distance you wish to be entered for

SPRINT:

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OLYMPIC:

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MEMBER/MEMBERS UNDERTAKING SWIMMING LEG

(1): _____ (2) : _____ (Sprint Only)

MEMBER UNDERTAKING RUNNING LEG: _____

CONTACT NAME / NUMBER _____

Please pay via Parent Pay (only one member of the team please)

Entry fee £5.00 Individual £5.00/team

Completed entry form to be returned to the School Office as soon as possible.

Instructions will be sent out during w/c 12th June.