

YMCA BURTON

Sleep in or sleepout, it's your shout

One night can make a difference,
Register today!

Friday 6th November

**We are adapting to the social distancing
measures which are still in place so this
year Sleepout will be virtual!**

There is no registration fee but we are asking you to register
and crucially, we are still asking you to raise money to help
us continue to support the most vulnerable in our society.

Sleepout on your kitchen floor, your garden, your workplace
or sofa surf. Sleepout by yourself, with your family, with
your friends, your work colleagues, or your pets!

Sleepout to change lives.

Sleepout to make a difference.

Sleepout so others don't have to.

Sleep in, or Sleepout – It's your shout.

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E fundraising@burtonymca.org

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YMCA
**SLEEP
OUT**



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION