

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pepperoni pizza with potato wedges	Savoury mince and rice	Pork sausages with mashed potatoes, yorky puds and gravy	Tomato and bacon pasta bake	Fish fillets and chips
VEGETARIAN MAIN DISH	Margherita pizza with potato wedges	Quorn savoury mince and rice	Quorn sausage with mashed potatoes, yorky puds and gravy	Tomato pasta bake	Cheese toastie and chips
ACCOMPANIMENTS	Coleslaw or sweetcorn Salad bar	Broccoli and carrot batons Salad bar	Green cabbage and carrot, swede mash Salad bar	Sweetcorn or broccoli Salad bar	Baked beans or garden peas Salad bar
DESSERTS	Chocolate crunch	Flapjack	Mousse and fruit	Chocolate brownie	Vanilla ice cream and fruit
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO	Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato